

EMERGENCY

SERVICES

CHAMPIONSHIP

13 & 14TH JULY

2024



HOSTED BY

WEST MIDLANDS

POLICE CC

CTT REGULATIONS FOR EVENTS

CTT REGULATIONS 14(I), 14(D), 15: COMPULSORY LIGHTS & HELMETS NO COMPETITOR WILL BE ALLOWED TO START WITHOUT A WORKING WHITE FRONT LIGHT AND RED REAR LIGHT, EITHER FLASHING OR CONSTANT, AND FITTED TO THEIR MACHINE IN A POSITION CLEARLY VISIBLE TO OTHER ROAD USERS. ALL COMPETITORS MUST WEAR A PROPERLY AFFIXED HELMET WHICH MUST BE OF HARD/SOFT SHELL CONSTRUCTION. NO LIGHTS OR NO HELMET = NO RIDE. THIS IS NON-NEGOTIABLE

LIVERPOOL DISTRICT LOCAL REGULATION: RIDERS MUST NOT MAKE 'U' TURNS WITHIN SIGHT OF START AND FINISH. ANY RIDER OBSERVED MAKING A 'U' TURN IN CONTRAVENTION OF THIS REGULATION COULD BE DISQUALIFIED FROM THE EVENT. ANY RIDER WHO MAKES REPEATED 'U' TURNS MAY BE SUBJECT TO DISCIPLINARY ACTION.

COMPETITORS MUST NOT USE ANY AUDIO EQUIPMENT EXCEPT PRESCRIBED HEARING AIDS. A COMPETITOR IN BREACH OF THIS REGULATION WILL BE DISQUALIFIED. COMPETITORS MUST NOT USE A MOBILE PHONE WHILE MOUNTED ON THEIR MACHINE.

PLEASE ARRIVE AT THE START NO MORE THAN 5 MINUTES BEFORE YOUR START TIME AND KEEP AT LEAST ONE BIKE LENGTH AWAY FROM THE RIDER IN FRONT. THERE WILL BE NO PUSHER-OFF AT THE START SO ALL RIDERS MUST START WITH ONE FOOT ON THE GROUND. PLEASE CARRY A SPARE TYRE/TUBE/TUB AS YOU WILL HAVE TO MAKE YOUR OWN WAY BACK IN THE EVENT OF A MECHANICAL FAILURE.

RIDERS' TIMES WILL NOT BE AVAILABLE UNTIL AFTER THE EVENT BUT WILL BE PUBLISHED ONLINE VIA THE CTT WEBSITE AS SOON AS POSSIBLE. THE HQ WILL BE OPEN FOR SIGNING ON AND OFF AND COLLECTION OF RACE NUMBERS. TOILETS ARE AVAILABLE AT HQ'S BUT ONLY FOR ONE PERSON AT A TIME AND ARE NOT TO BE USED AS A CHANGING FACILITY.

ROAD BIKE CATEGORY

THE ROAD BIKE CATEGORY HAS A CONSISTENT AND SIMPLE SET OF RULES
NATIONWIDE:

THE ROAD BIKE CAN POSSESS DROP OR STRAIGHT HANDLEBARS
NO TRI-BARS, CLIP-ON BARS OR SPINACCI BARS ARE ALLOWED
NO DISC WHEELS

BOTH FRONT & REAR WHEELS MUST HAVE AT LEAST 12 SPOKES EACH
THE MAXIMUM RIM DEPTH ALLOWED IS 90MM

IF YOU ARE COMPETING FOR EMERGENCY SERVICES
CHAMPIONSHIP IN THE ROAD BIKE OR TT CATEGORY THEN
PLEASE BRING SERVICE ID FOR SIGN ON WHERE POSSIBLE TO
SHOW ELIGIBILITY.



SATURDAY 13TH JULY 2024

COURSE: D310/3 START TIME: 15:00

TIMEKEEPERS: EDWIN HARGREAVES, DAVE FLETCHER & RITA TAYLOR

EVENT SECRETARY: JAMES GIBNEY TEL 07969763345

HEADQUARTERS: SHAWBURY VILLAGE HALL, CHURCH STREET,
SHAWBURY, SHREWSBURY, SY4 4NZ

HQ OPEN FROM 14:00. COMPETITOR'S NOTES: EACH COMPETITOR MUST SIGN ON WHEN COLLECTING AND WHEN RETURNING THEIR RACE NUMBERS AT THE HQ. THIS IS A CTT REQUIREMENT. FAILURE TO SIGN OUT WILL RESULT IN A DNF BEING RECORDED AND NO FINISH TIME GIVEN. NUMBERS SHOULD BE PINNED TO THE LOWER BACK AREA AND BE CLEARLY VISIBLE TO ENSURE THAT YOUR FINISH TIME IS RECORDED CORRECTLY. THERE IS PARKING SPACE OUTSIDE THE HQ.

COURSE DETAILS D310/3

START EAST END OF DRAIN AND END OF WHITE LINE OPPOSITE NO. 10
EDGBOLTON 0.00 MILES

NORTH EAST TO ESLEY ROUNDABOUT 4.78 MILES 3. ENCIRCLE AND
RETURN SOUTH WEST TO FINISH IN LINE WITH ROAD CENTRE CATS-
EYE IMMEDIATELY BEFORE LARGE TREE ON A53 WESTBOUND
BETWEEN EDGBOLTON AND SHAWBURY, JUST BEFORE LEFT-HAND
JUNCTION SIGN MARKING TURNING INTO MYTTON ROAD (10 MILES)

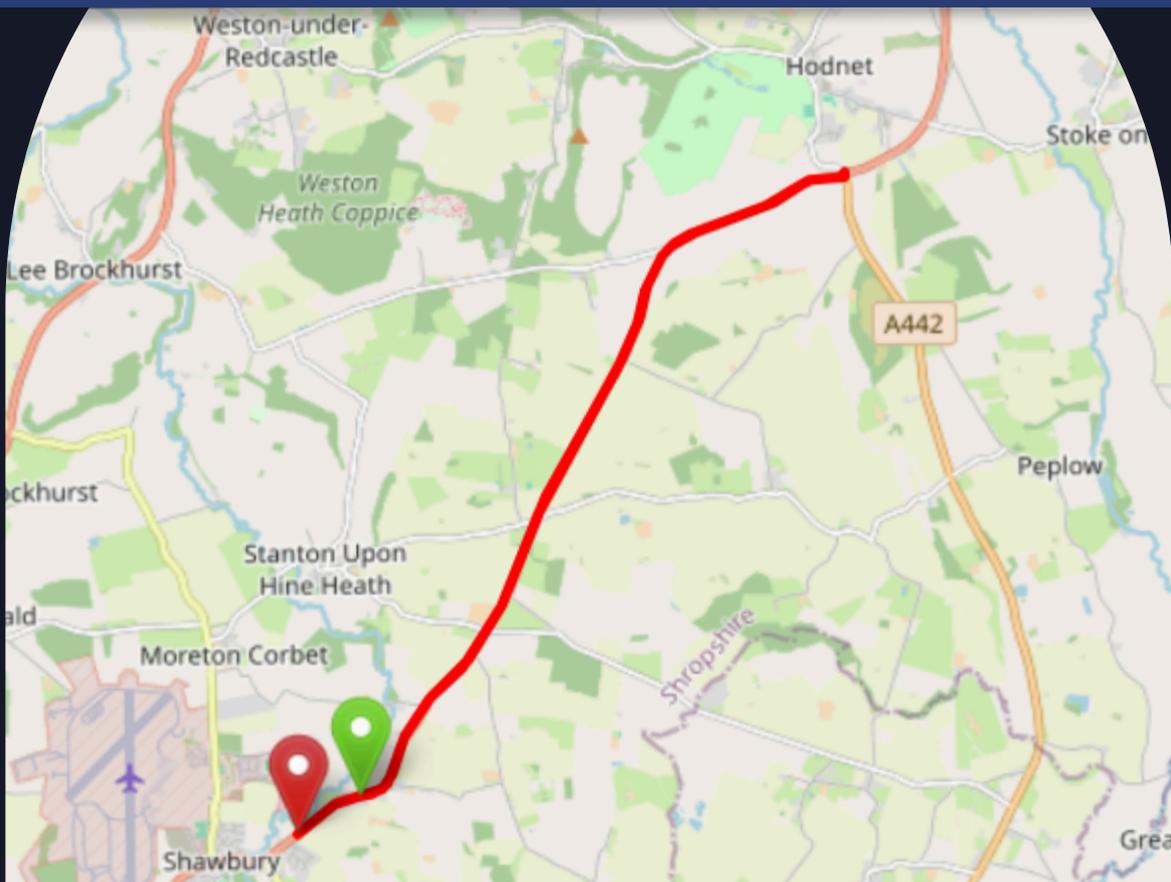
AWARDS: WHERE THERE IS A TROPHY PROVIDED BY EACH SERVICE THE
OVERALL NATIONAL CHAMPION FROM EACH EMERGENCY SERVICE
WILL BE AWARDED FOR THE FASTEST 10 & 25 MILE COMBINED
TIMES.

Saturday 13th July 2024

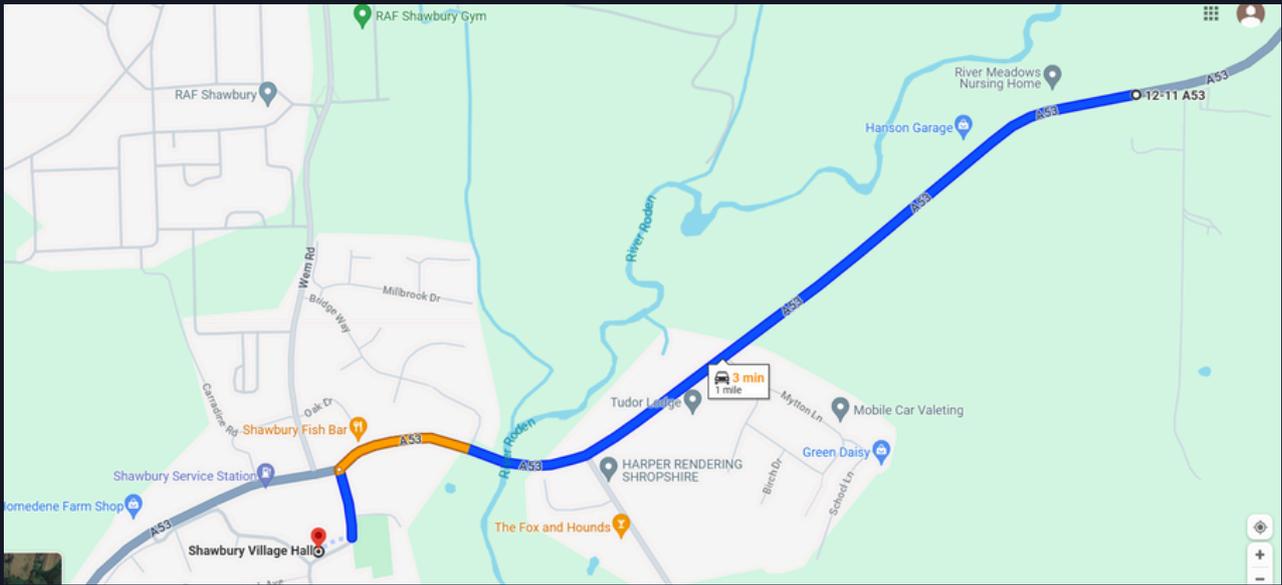
10 Mile ; Course D310/3

**HQ ; Shawbury Village Hall, Church Street, Shawbury,
Shrewsbury, SY4 4NZ**

Sign on from 1400hrs / first riders off at 1500hrs
Parking and toilet facilities available at HQ



Route from HQ to start line Saturday 13th July



START LIST

SATURDAY 13TH JULY

pos	Rider
1 15:01:00	Shaun Hickinbottom Vet Open Club:West Midlands Police CC 10 miles PB: 00:24:00 (estimate) Any comments:
2 15:02:00	Stuart Baker Vet Open Club:Royal Navy Cycling (RNC) 10 miles PB: 00:25:00 (estimate) Any comments:
3 15:03:00	Dom Roe Senior Open Club:Cleveleys Road Club 10 miles PB: Any comments:
4 15:04:00	Mark Fenn Vet Open Club:Shropshire CCA 10 miles PB: Any comments:
5 15:05:00	Douglas Brown Vet Open Club:Paramount CRT 10 miles PB: 00:31:15 Any comments:
6 15:06:00	Emma Brown Senior Female Club:Paramount CRT 10 miles PB: 00:30:00 Any comments:
7 15:07:00	Phil Guy Vet Open Club:North Shropshire Wheelers 10 miles PB: 00:29:08 Any comments:
8 15:08:00	David Cannell Vet Open Club:Paramount CRT 10 miles PB: 00:28:41 Any comments:
9 15:09:00	Sarah Inwood Vet Female Club:Poole Wheelers Cycling Club 10 miles PB: 00:28:11 Any comments:
10 15:10:00	Jayne Powell Vet Female Club:Paramount CRT 10 miles PB: 00:27:17 Any comments:
11 15:11:00	Phillip Rawlinson Vet Open Club:Croston Velo 10 miles PB: 00:27:00 Any comments:
12 15:12:00	Robert Garbett Vet Open Club:Wrekinsport CC 10 miles PB: 00:26:16 Any comments:
13 15:13:00	Colin Wells Vet Open Club:Paramount CRT 10 miles PB: 00:26:16 Any comments:
14 15:14:00	Ian Townsend Vet Open Club:Paramount CRT 10 miles PB: 00:26:05 Any comments:
15 15:15:00	Thea Osmund-Smith Senior Female Club:Paramount CRT 10 miles PB: 00:25:29 Any comments:
16 15:16:00	Jan Kardasz Vet Open Club:Fibrax Fenwicks Wrexham Cycling Club 10 miles PB: 00:25:17 Any comments:
17 15:17:00	Les Boughey Vet Open Club:North Shropshire Wheelers 10 miles PB: 00:24:56 Any comments:
18 15:18:00	Chris Bowers Vet Open Club:Mid Wirral Wheelers Cycling Club 10 miles PB: 00:24:51 Any comments:
19 15:19:00	Peter Jackson Vet Open Club:Macclesfield Wheelers 10 miles PB: 00:24:50 Any comments:
20 15:20:00	James Darkin Vet Open Club:Southport CC 10 miles PB: 00:24:37 Any comments:
21 15:21:00	Andy Delaney Vet Open Club:Northumbria Police C.C. 10 miles PB: 00:24:13 Any comments:
22 15:22:00	Robin Nickless Senior Open Club:High Wycombe CC 10 miles PB: 00:24:07 Any comments:
23 15:23:00	Tom Walker Senior Open Club:West Midlands Police CC 10 miles PB: 00:23:58 Any comments:
24 15:24:00	Cara Rawlinson Senior Female Club:Tactic UK WRT 10 miles PB: 00:23:57 Any comments:
25 15:25:00	Andrew Reid Vet Open Club:Wolverhampton Wheelers Cycling Club 10 miles PB: 00:23:36 Any comments:
26 15:26:00	Ben Wood Senior Open Club:Wrekinsport CC 10 miles PB: 00:23:31 Any comments:
27 15:27:00	Ian Connolly Vet Open Club:Ludlow CC 10 miles PB: 00:23:15 Any comments: I will be representing...
28 15:28:00	Adam Mumford Senior Open Club:Wrekinsport CC 10 miles PB: 00:22:53 Any comments:
29 15:29:00	Dominic Hill Vet Open Club:Bec CC 10 miles PB: 00:22:47 Any comments:
30 15:30:00	Richard Elmitt Vet Open Club:Fibrax Fenwicks Wrexham Cycling Club 10 miles PB: 00:22:42 Any comments:
31 15:31:00	Oli Freeman Senior Open Club:Wrekinsport CC 10 miles PB: 00:22:38 Any comments:
32 15:32:00	Robert McGregor Senior Open Club:Paramount CRT 10 miles PB: 00:22:37 Any comments:
33 15:33:00	Deb Hutson-Lumb Vet Female Club:Wrekinsport CC 10 miles PB: 00:22:26 Any comments:
34 15:34:00	Ben Southgate Junior Open Club:Wrekinsport CC 10 miles PB: 00:22:26 Any comments:
35 15:35:00	Paul Duncan Vet Open Club:Paramount CRT 10 miles PB: 00:22:24 Any comments:
36 15:36:00	Hayley Wells Senior Female Club:Wrekinsport CC 10 miles PB: 00:22:18 Any comments:
37 15:37:00	Christopher Riley Vet Open Club:Paramount CRT 10 miles PB: 00:22:15 Any comments:
38 15:38:00	Sian Marsh Senior Female Club:Team Boompods 10 miles PB: 00:21:55 Any comments:
39 15:39:00	Bryn Davies Vet Open Club:Hafren CC 10 miles PB: 00:21:46 Any comments:
40 15:40:00	James Gibney Senior Open Club:West Midlands Police CC 10 miles PB: 00:21:40 Any comments:
41 15:41:00	Simon Romei Vet Open Club:Paramount CRT 10 miles PB: 00:21:35 Any comments:
42 15:42:00	Duncan Park Vet Open Club:North Lancashire Road Club 10 miles PB: 00:21:01 Any comments:
43 15:43:00	Gregory Speakman Senior Open Club:Thames Valley Police 10 miles PB: 00:20:49 Any comments:
44 15:44:00	Paul Shallicker Vet Open Club:Coveyourcar.co.uk RT - Fitted and Tailored Car Covers 10 miles PB: 00:20:37 Any comments:
45 15:45:00	Anthony Snow Vet Open Club:City RC (Hull) 10 miles PB: 00:20:30 Any comments:
46 15:46:00	Robin Hennessy Senior Open Club:Velotik Racing Team 10 miles PB: 00:20:02 Any comments:
47 15:47:00	Tomos Hales Senior Open Club:Wrekinsport CC 10 miles PB: 00:19:46 Any comments:
48 15:48:00	Terry Wilkinson Senior Open Club:GTR - Return To Life p/b Streamline 10 miles PB: 00:19:37 Any comments:
49 15:49:00	Tom Clements Vet Open Club:Poole Wheelers Cycling Club 10 miles PB: 00:19:23 Any comments:

35	15:35:00	Paul Duncan	Vet	Open	Club:Paramount CRT	10 miles PB: 00:22:24	Any comments:
36	15:36:00	Hayley Wells	Senior	Female	Club:Wrekinsport CC	10 miles PB: 00:22:18	Any comments:
37	15:37:00	Christopher Riley	Vet	Open	Club:Paramount CRT	10 miles PB: 00:22:15	Any comments:
38	15:38:00	Sian Marsh	Senior	Female	Club:Team BoomPods	10 miles PB: 00:21:55	Any comments:
39	15:39:00	Bryn Davies	Vet	Open	Club:Hafren CC	10 miles PB: 00:21:46	Any comments:
40	15:40:00	James Gibney	Senior	Open	Club:West Midlands Police CC	10 miles PB: 00:21:40	Any comments:
41	15:41:00	Simon Romei	Vet	Open	Club:Paramount CRT	10 miles PB: 00:21:35	Any comments:
42	15:42:00	Duncan Park	Vet	Open	Club:North Lancashire Road Club	10 miles PB: 00:21:01	Any comments:
43	15:43:00	Gregory Speakman	Senior	Open	Club:Thames Valley Police	10 miles PB: 00:20:49	Any comments:
44	15:44:00	Paul Shallicker	Vet	Open	Club:Coveyourcar.co.uk RT - Fitted and Tailored Car Covers	10 miles PB: 00:20:37	Any comments:
45	15:45:00	Anthony Snow	Vet	Open	Club:City RC (Hull)	10 miles PB: 00:20:30	Any comments:
46	15:46:00	Robin Hennessy	Senior	Open	Club:Velotik Racing Team	10 miles PB: 00:20:02	Any comments:
47	15:47:00	Tomos Hales	Senior	Open	Club:Wrekinsport CC	10 miles PB: 00:19:46	Any comments:
48	15:48:00	Terry Wilkinson	Senior	Open	Club:GTR - Return To Life p/b Streamline	10 miles PB: 00:19:37	Any comments:
49	15:49:00	Tom Clements	Vet	Open	Club:Poole Wheelers Cycling Club	10 miles PB: 00:19:23	Any comments:



SUNDAY 14TH JULY

2024

Course: D25/20 Start Time: 08:00

Timekeepers: Dom McGinness & Katherine Wooder

Event secretary: James Gibney Tel; 07969763345

Headquarters: Higher Heath Village Hall, Twemlows Avenue, Prees, Whitchurch, SY13 2HE

Open from 07:00. Competitor's Notes: Each competitor must sign on when collecting their race numbers at the HQ and after the event, this is a CTT Requirement. Failure to sign out will result in a DNF being recorded and no finish time given. Numbers should be pinned to the lower back area and be clearly visible to ensure that your finish time is recorded correctly. There is very limited parking space outside the HQ.

Do not park and leave vehicles whilst participating along the road outside HQ as this has resulted in complaints from residents. There is lots of space at the car park beside Prees Heath truckstop (post code SY13 3JT), just 0.9 miles from HQ and en route to the start. Distance from HQ to start is 3.8 miles so allow adequate time – see the map below.

D25/20 COURSE DESCRIPTION Start on A49, 5.5 miles south of Whitchurch, Shropshire, at the southern end of the bridge on Prees Bypass. Proceed south along the A49 to turn at Battlefield Church Island (first island) - 11.3 miles. Encircle Island with care and retrace along the A49, past the start, to Finish approx 400 yards short of Prees Island, at telegraph pole 50 yards past Shamrock Lodge and 12 yards before the "Slippery Road Surface" sign. Start fortunate.belief.recording Finish lunch.eagle.masterful.

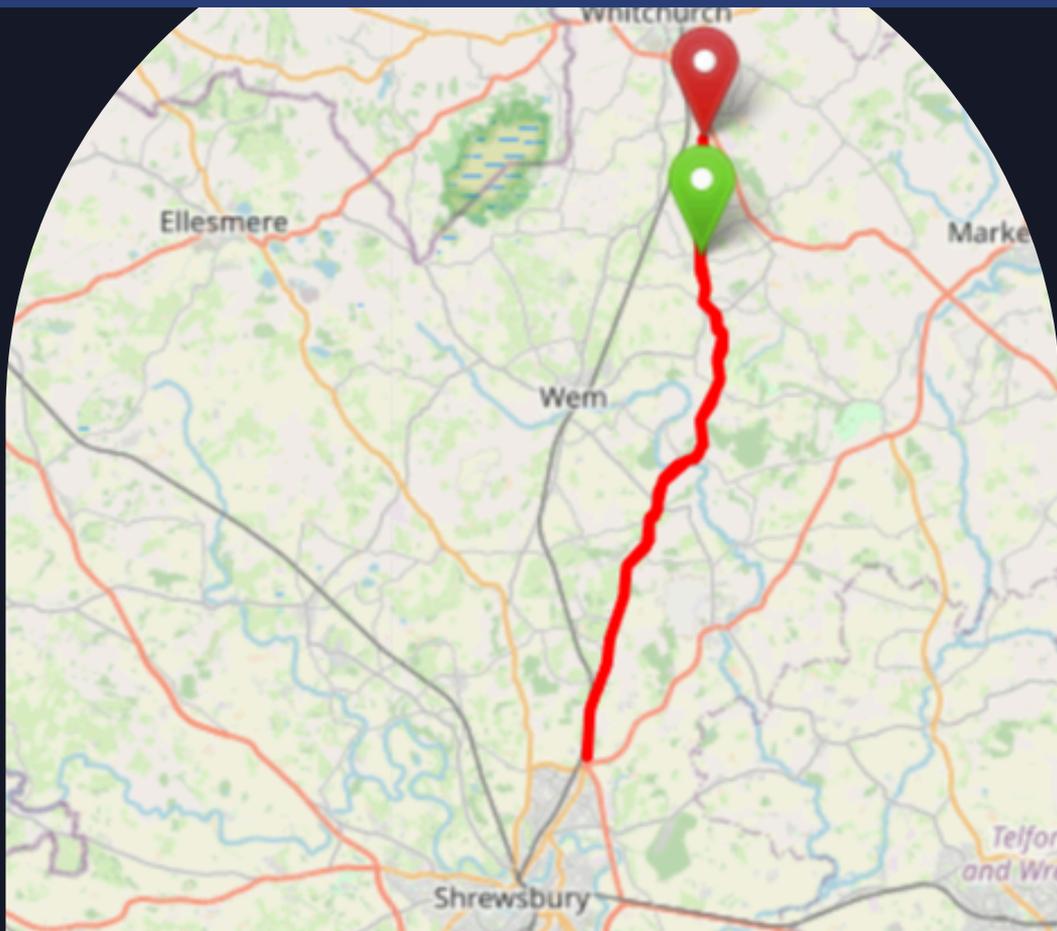
AWARDS; where there is a trophy provided by each service the overall National Champion from each Emergency Service will be awarded for the fastest 10 & 25 mile combined times after the 25 mile TT at HQ on Sunday 14th July.

Sunday 14th July 2024

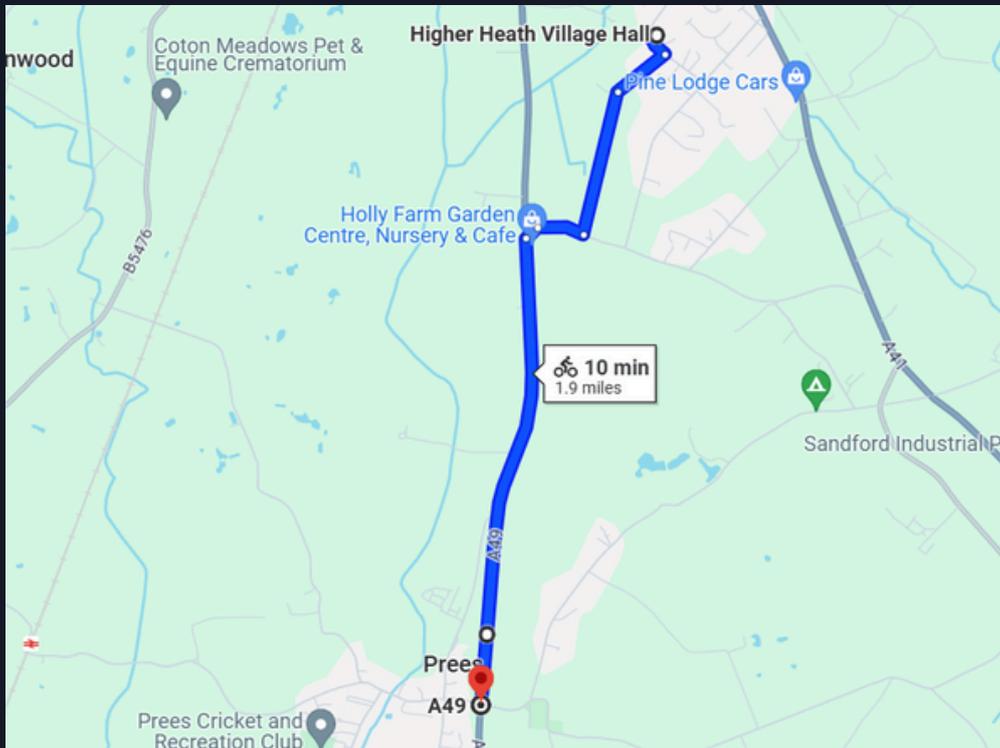
25 Mile ; Course D25/20

**HQ ; Higher Heath Village Hall, Twemlows Avenue, Prees,
Whitchurch, SY13 2HE**

Sign on from 0700hrs / first riders off at 0800hrs
Limited Parking and toilet facilities available at HQ
further parking at SY13 3JT



Route from HQ to start line Sunday 14th July



START LIST

SUNDAY 14TH JULY

pos	Rider
1 08:01:00	Tom Smyth Vet Open Club:West Midlands Police CC 25 miles PB: Any comments:
2 08:02:00	James Darkin Vet Open Club:Southport CC 25 miles PB: 1:08:55 (estimate) Any comments:
3 08:03:00	Shaun Hickinbottom Vet Open Club:West Midlands Police CC 25 miles PB: 1:00:00 (estimate) Any comments:
4 08:04:00	Michael Brennen Vet Open Club:West Midlands Police CC 25 miles PB: 1:17:22 Any comments:
5 08:05:00	Ashley Kirkham Vet Open Club:Wrekinsport CC 25 miles PB: 1:11:56 Any comments:
6 08:06:00	Gregory Speakman Senior Open Club:Thames Valley Police 25 miles PB: 1:10:51 Any comments:
7 08:07:00	Olly George Senior Open Club:West Midlands Police CC 25 miles PB: 1:10:00 Any comments:
8 08:08:00	Robert Garbett Vet Open Club:Wrekinsport CC 25 miles PB: 1:07:41 Any comments:
9 08:09:00	Colin Wells Vet Open Club:Paramount CRT 25 miles PB: 1:07:17 Any comments:
10 08:10:00	Sarah Inwood Vet Female Club:Poole Wheelers Cycling Club 25 miles PB: 1:07:00 Any comments:
11 08:11:00	Helen Tudor Vet Female Club:Oswestry Paragon CC 25 miles PB: 1:06:38 Any comments:
12 08:12:00	Les Boughey Vet Open Club:North Shropshire Wheelers 25 miles PB: 1:04:58 Any comments:
13 08:13:00	Simon Jones Vet Open Club:Hafren CC 25 miles PB: 1:04:52 Any comments:
14 08:14:00	Ben Wood Senior Open Club:Wrekinsport CC 25 miles PB: 1:04:00 Any comments:
15 08:15:00	Ian Townsend Vet Open Club:Paramount CRT 25 miles PB: 1:03:22 Any comments:
16 08:16:00	Tom Walker Senior Open Club:West Midlands Police CC 25 miles PB: 1:02:27 Any comments:
17 08:17:00	Cara Rawlinson Senior Female Club:Tactic UK WRT 25 miles PB: 1:01:54 Any comments:
18 08:18:00	Mark Fenn Vet Open Club:Shropshire CCA 25 miles PB: 1:01:03 Any comments:
19 08:19:00	Ian Connolly Vet Open Club:Ludlow CC 25 miles PB: 1:00:38 Any comments: I will be representing...
20 08:20:00	Jon Hart Vet Open Club:West Midlands Police CC 25 miles PB: 00:59:54 Any comments: f
21 08:21:00	Deb Hutson-Lumb Vet Female Club:Wrekinsport CC 25 miles PB: 00:59:49 Any comments:
22 08:22:00	Chris Rainford Vet Open Club:Chorley Cycling Club 25 miles PB: 00:59:07 Any comments: I am a retired...
23 08:23:00	Hayley Wells Senior Female Club:Wrekinsport CC 25 miles PB: 00:58:57 Any comments:
24 08:24:00	Jonathan Goh Vet Open Club:Paramount CRT 25 miles PB: 00:58:53 Any comments:
25 08:25:00	Peter Jackson Vet Open Club:Macclesfield Wheelers 25 miles PB: 00:58:47 Any comments:
26 08:26:00	Craig Chapman Vet Open Club:Manchester Triathlon Club 25 miles PB: 00:58:39 Any comments: Although it states...
27 08:27:00	Bryn Davies Vet Open Club:Hafren CC 25 miles PB: 00:55:45 Any comments:
28 08:28:00	Duncan Park Vet Open Club:North Lancashire Road Club 25 miles PB: 00:55:36 Any comments:
29 08:29:00	James Gibney Senior Open Club:West Midlands Police CC 25 miles PB: 00:55:16 Any comments:
30 08:30:00	Robert McGregor Senior Open Club:Paramount CRT 25 miles PB: 00:54:51 Any comments:
31 08:31:00	Paul Shallicker Vet Open Club:Coveryourcar.co.uk RT - Fitted and Tailored Car Covers 25 miles PB: 00:54:21 Any comments:
32 08:32:00	Simon Romel Vet Open Club:Paramount CRT 25 miles PB: 00:54:15 Any comments:
33 08:33:00	Mark Lovatt Vet Open Club:Congleton CC - MyWindsock 25 miles PB: 00:53:43 Any comments:
34 08:34:00	Christopher Riley Vet Open Club:Paramount CRT 25 miles PB: 00:52:49 Any comments:
35 08:35:00	Tomos Hales Senior Open Club:Wrekinsport CC 25 miles PB: 00:51:13 Any comments:
36 08:36:00	Tom Clements Vet Open Club:Poole Wheelers Cycling Club 25 miles PB: 00:50:59 Any comments: f
37 08:37:00	Anthony Snow Vet Open Club:City RC (Hull) 25 miles PB: 00:50:55 Any comments:
38 08:38:00	Terry Wilkinson Senior Open Club:GTR - Return To Life p/b Streamline 25 miles PB: 00:50:49 Any comments: